

Daily

- Up-to-date information
- Trends
- What's next breakthroughs

Deep

- Resources and references
- Health management tools
- Decision support

Your Source
for Total
Health
Solutions

Social

- Stories & experiences
- Connect with mentors/buddies
- Interact with experts

Trusted

- Accurate, credible advice and information
- Recognized brand name sources & experts

Leveraging Powerful Resources

- The Today Show
- iVillage in the Loop
- NBC Health Fairs
- TVSD

- Visuals/images
- Medical Devices
- Technology/EMR
- GE Health & Wellness Tour
- The Patient Channel



- #1 women's Community
- 15.5MM Uniques
- Loyal Audience
- Active Community

- Deep Content
- Medical education
- Video

Back to iVillage

preview
iVillage **TotalHealth**

Call or click here for FREE patches, gum or lozenges*
1-866-NY-QUITS • 1-866-697-8487 *If you qualify – most smokers do

SEARCH: GO
on IV Total Health

Health Centers | Health A-Z | Staying Healthy | Diet & Fitness | Women & Family | Pregnancy | Community

Top Conditions

- Allergy & Asthma
- Alzheimer's Disease
- Anxiety
- Arthritis
- Blood Pressure
- Breast Cancer
- Cancer
- Cholesterol
- Cold & Flu
- Depression
- Diabetes
- Fatigue
- Headache
- Heart Disease
- Heartburn/GERD
- Infertility
- Irritable Bowel
- Osteoporosis
- Sleep Disorders
- Stroke

Do You Like What You See?
We need your opinions and suggestions about this preview!
Let Us Know What You Think:

- Share your feedback
- What's different, and why the new look?
- It's all about the community

Walk On: A New You | Share Your Feedback | Outdoor Fitness | Off to School | Skin Smarts

TOOLBOX

- Symptom Solver
Find the cause of common symptoms
Age: 30-39 Years | Male | Female | SUBMIT
- Healthy Living
- Drug Finder (Coming Soon)
- Know Your Risk™ (Coming Soon)

COMMUNITY
iVillage Connect
Welcome to iVillage Connect, our social networking center.
You can write a blog, make new friends, start or join a group, share photos and videos and more! Take the tour and become a member. We're waiting for you!
Get Connected! | Boards A-Z

Message Boards

- Hot flash hell
- Menopause & Perimenopause
- How to handle fatigue
- Fibromyalgia & Chronic Fatigue
- Autism diagnosis
- Autism Spectrum Disorders
- In need of self-esteem
- Support Center

ADVERTISEMENTS
Tips for Staying Smokefree | Help A Friend Or Family Member Quit
ROLLOVER ABOVE FOR MORE
Click here or call 1-866-NY-QUITS for support

VIDEOS

- Health care: Brand vs. generic drugs
When it comes to medication, which is better for you? Dr. Nancy Synderman writes us a prescription
- Can you inherit your lifespan?
Ann Curry talks with Dr. Evan Hadley about the genetic secrets to a long life.
- The truth about the 5-second rule
From eating food off the floor to free 411 calls, Janice Lieberman gives TODAY's Matt Lauer the reality behind the rumors.

More videos >

In the News

- Contact Lens Germs Give Clues to Eye Infection
- Education Linked to Cancer Death Rates
- Family Dinners Shape Healthier Eating Habits
- Imaging Software Helps Track, Treat Injured Brains
- U.S. Life Expectancy Hits New High
- New Drug No Substitute for Standard Blood-Clot Therapy
- Stem Cell Therapy Disappoints Against Rare Kidney Ailment

More news >

Diet & Fitness

- Training for Your First Marathon
How should you train for your first marathon? Find out.
Read More >
- Packing Healthful School Lunches
Take charge of your child's nutrition with these tips.
Read More >
- What's Your Body Saying?
Use this interactive guide to figure out what's causing your aches, pains and discomfort.
Check your symptoms
- 3 Ways to Prevent Diabetes
You can take simple steps to stop diabetes before it starts.
Read More >
- Fast Food Frenzy
You try to curb your fast food visits, but busy schedules still put you at the drive-thru window. Our tips help you make smart decisions as you order.
Cut back on grease and fat

Diet Danger Zone
Is your home full of traps that can find you cheating on your diet? Our quiz will help you avoid common pitfalls.
Take the diet dangers quiz

What Do You Think?
This preview is a chance for the iVillage community to get involved

Staying Healthy

- Fire! 5 Home Safety Tips
Find out how to prevent or survive a blaze at home sweet home.
Read More >

Fast Food Frenzy
Cut back on grease and fat

“Best in Class” Content

- Condition Centers
- Toolbox: Symptom Solver, Drug Finder, Healthy Living Tool
- Video: Healthology, Today Show, Your Total Health
- Women & Family Channel
- Health News
- Community: Social Networking and Message Boards
- Health Blogs
- Healthline Search



*i*Village **TotalHealth**